

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00—9:25 (6:30 M, W, F) LENGTHS						
9:30—10:15 WATER FITNESS						
10:15—11:15 OPEN SWIM					9:00—10:00 LENGTHS	
11:45—1:00 LENGTHS					10:00—12:30 OPEN SWIM	
1:00—2:00 SELF DIRECTED FITNESS (2 LANES)						12:30—2:00 LENGTHS
2:00—3:00 MARCH BREAK CAMP					2:00—3:30 OPEN SWIM	
3:00—4:30 OPEN SWIM	3:00—3:45 OPEN SWIM	3:00—4:30 OPEN SWIM	3:00—3:45 OPEN SWIM	3:00—4:30 OPEN SWIM	3:30—4:30 LENGTHS	
	3:45—4:30 PA DAY PROGRAM		3:45—4:30 PA DAY PROGRAM			
4:30—5:30 LENGTHS						
6:30—8:00 OPEN SWIM						
8:00—10:00 LENGTHS				8:00—9:00 LENGTHS		

CELEBRATING



YMCA of Stratford-Perth
Building Healthy Communities



Stratford-Perth Family YMCA



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