



What are your kids
doing this summer?

2018 Summer Camps

Join us this summer... the YMCA camp experience
gives children the chance to meet friends, develop skills and build confidence.



**YMCA of
Stratford-Perth**

204 Downie Street, Stratford N5A 1X4
519-271-0480 www.ymcastratfordperth.ca



Stratford-Perth Family YMCA



Twitter@YMCAstratfordCA

Spend your summer exploring with us

Summer camps can have a lifelong impact on your child's life, so choosing the right camp is important. At the YMCA your child can participate in a wide variety of high quality camps run by qualified and mature staff, who will help your child to create lifelong memories and friendships.



THE YMCA COMMITMENT

The YMCA is committed to offering quality programs that focus on fun, security, self-esteem and personal growth for your children. Our programs stress a concern for the individual, a climate of co-operation, quality leadership and a philosophy that promotes personal growth and skill development.

SAFE – CARING – FUN

With YMCA Day Camps, your children will have a FUN, SAFE and REWARDING summer – and here is how we make it happen:

STAFF

We believe our continued success and the well being of your child depends on skilled and caring staff. Staff are selected for their maturity, competence, experience, enthusiasm and ability to relate to children. Our staff are trained in Child Protection, YMCA Healthy Child Development, Lifesaving Society Safeguard, Behaviour management, safety and emergency procedures, programming and a wide variety of other areas to ensure the best possible experience for your child. Staff have educational backgrounds in Recreation, ECE or another related field and are certified in Standard First Aid and CPR.

SUPERVISION

One way we guarantee the safe supervision of your child is by monitoring the staff to child ratios. We limit the number of campers any single staff member is responsible for based on both age and necessity.

CAMPERSHIP ASSISTANCE

We believe that every child should have the opportunity to have a summer day camp experience. No child will be denied a YMCA camp experience regardless of financial circumstance. Campership assistance is available upon request. Please e-mail spy.camp@sp.ymca.ca to arrange an appointment.

The City of Stratford Childcare division also provides financial assistance for licensed child care and recreation program costs to qualifying families. To find out more about Child Care Fee subsidy, please call 519-271-3773 x200.

CAMPER HANDBOOK

Will be available online, through email and in limited print copies once you've successfully registered your camper(s). This guide has been designed to help you feel at ease with the camp process and to answer most, if not all of your pre-camp questions. Please watch for your copy!

Camper Information

HOURS OF OPERATION

Day Camps operate from 8:30 am to 4:30 pm. We understand the demand of busy families! That is why we offer safe, convenient care options for your child before and after camp hours. Supervised care for campers is available starting at 6:30 am and available again at the end of the day until 5:30 pm.

Please note that all day camp and extended care locations will be closed on Statutory Holidays: Monday, July 2 and Monday, August 6, 2018.



HOW TO REGISTER:

A non-refundable \$30 deposit (\$15 for Day Trips) is required at time of registration. Payments can be made in full or as a direct debit from Visa/MasterCard or bank account on June 1 for July camps or July 6 for August camps.

Register in person at the YMCA of Stratford-Perth, 204 Downie Street, Stratford, ON, N5A 1X4. You can also register online on our website: www.ymcastratfordperth.ca

Pay by cash, credit card, cheque or pre-authorized payments.

SIGN IN AND OUT OF CAMPERS

Campers must be signed in and out by an adult 16 years of age or older. The staff will ask for photo identification. Campers will be released only to those authorized to pick up as indicated on the registration form. Parents/guardians must contact the Day Camp Supervisor to make changes to the authorized pick-up list.

LUNCHES

Children are to bring their own peanut free litter less lunch, beverage and snacks each day. Campers will not have access to a refrigerator or microwave. We will offer pizza slices for sale on Fridays to support our YMCA Strong Kids Campaign

BREAKING DOWN BARRIERS

We believe all children deserve a chance to make new friends, try new skills and experience the exciting opportunities that are available to them at summer camp! The Stratford-Perth Family YMCA is pleased to offer summer experiences for children with special physical, behavioural and developmental considerations. In order for us to do our best to ensure your child's needs are met please indicate any special considerations your child may have on the Camper Information Form. There is an additional "Integration and Accessibility Camper Profile" that you will be asked to fill out (available at 204 Downie Street, or via e-mail). Please note: Failure to identify your child's special considerations may result in the loss of their summer camp space.

BEHAVIOUR GUIDANCE PROCEDURES

It's our goal to provide a healthy, safe and secure environment. The YMCA teaches core values through activities based on caring, honesty, respect and responsibility. Children who attend programs are expected to follow the behaviour guidelines and interact appropriately within the group. Admission into and discharge from day camp will be at the discretion of the YMCA.

The following guidelines are put in place to ensure all campers enjoy their camp experience. Failure to follow these guidelines may result in suspension or removal from Day Camps.

- People are responsible for their actions
- We respect each other and the environment
- Honesty will be the basis for all relationships and interactions
- We will care for ourselves and those around us

VALUE BEADS

As always we will have a YMCA Value focus to teach and foster value based actions with our campers. Summer Camp Value Beads will be given out to recognize character and personal achievements. As an important form of recognition at camp, beads promote positive behaviour and are worn as a constant reminder of what we value as a camp community. You can find more specific information in our Camper Handbook.

HOT WEATHER POLICY

YMCA staff will modify camp activities to accommodate for hot weather in order to ensure the health and safety of all participants. This will include frequent water breaks, water activities, less active games and the use of shaded and cooler areas of the camps. These precautions will allow all campers to enjoy a fun and safe camp experience, even on the hottest of days.

ALLERGIES AND EPI-PENS

If you identify your child as requiring an epi-pen for life threatening allergies, the epi-pen will need to accompany your child to camp each day. For their safety, they will not be admitted to camp without their epi-pen. The Anaphylaxis Plan and Administration of Medication Forms must be returned with the Registration Form to complete enrollment. The anaphylaxis and medication administration form can be found on our website at www.ymcastratfordperth.ca

CAMPER CHECKLIST

Running shoes, hat, sunscreen, bug spray, nutritious snacks, lunch, water bottle, swimsuit & towel.

CANCELLATIONS/WITHDRAWAL POLICY

All cancellation requests must be submitted by email directly to spy.camp@sp.ymca.ca with subject line "Withdrawal Request" followed by your camper's first and last name. Cancellation requests received prior to 7 business days before start of the affected camp week will receive a refund less the \$30 non-refundable deposit. Any refund requests received less than 7 business days prior to the affected camp session or during a camp session will not qualify for a refund. A doctor's note is required for cancellations due to medical reasons.



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Kindergarten Camp

4 & 5 years

This camp is a perfect introduction to a summer camp experience! Each week campers will explore a variety of camp activities, which may include nature walks, songs, dance, sports, games and arts and crafts. Campers will be supervised at a 1:8 ratio, must be toilet trained, and four years old on the first day of their session to attend.

Summer Adventure

6-8 years & 9-12 years



Another exhilarating summer awaits your child where they can reunite with old friends and make some new ones! Children will explore, play, learn and grow together. Active games, fun activities, crafts and swimming will fill your campers days! Special activities will be planned to keep the excitement high and adventure fresh!

Adventure Camp is also offered in St. Marys and Mitchell

For more information: spy.camp@sp.ymca.ca

Sports Camps

Karate Camp

This week campers will spend their mornings learning the martial art of karate. Campers will be led by Chuck Hasson from Stratford Martial Arts & Health Centre. Campers will focus on good health through exercise activities, stretching, muscle toning and breathing exercises. Campers will also spend a portion of their week learning different self-defense techniques. There will be a presentation for fellow campers on Friday afternoon.

All Sorts of Sports Camp

Campers will develop the fundamental skills needed to play a combination of sports such as Basketball, Floor Hockey, Handball, Dodgeball, Soccer, Flag Football, Ultimate Frisbee and Baseball.

Wild & Wacky Sports Camp **NEW**

Campers will be introduced to a variety of non-traditional sports such as Spikeball, Pickleball, Soccer Baseball, Gaga-ball, Peteca, Djubi and more! Campers will visit marsh pond to play disk golf and make a special trip out of town for 10 pin bowling. Campers will be provided with a special Wild & Wacky rule book to continue the fun at home!

Gymnastics Camp

Gymnasts will start the week off fostering basic movement patterns and introducing skills on the beam, uneven bars, vault and floor with progressions based on the nationally recognized "CANGYM" program. A focus is also placed on improving flexibility, strength and self-confidence. Gymnasts will have an opportunity to showcase the skills they learned for other campers at the end of the week.

READY, SET, GO!*

A licensed summer program for JK/SK children implemented by Registered Early Childhood Educators that promotes Kindergarten readiness and integration into school.

For more information, please contact Jenn at the YMCA 519-271-0480.

**Ready, Set, Go! is a licensed Child Care program. All other Day Camps are unlicensed recreational programs.*



Day Trips

- August 27 African Lion Safari
- August 28 Bingemans Park
- August 29 Chicopee Tube Park
- August 30 East Park
- August 31 Sky Zone Trampoline Park

Ages: 6-12 years

Personal Interest Camps

ECO Nature Explorers

NEW

Explore the camp environment to find the natural materials to use in combination with eco-friendly craft supplies to create a one of a kind piece of art. Campers will also take a trip to Wildwood Conservation Area to complete activities such as pond studies, habitat exploration, species and tree identification; all while learning about conservation, ecology and sustainability.

Outdoor Adventure Camp

NEW

Enjoy outdoor activities and gain an appreciation for the natural world. Campers will spend their week at Wildwood Conservation Area participating in full-day outdoor programming such as; swimming in the pool, outdoor exploring, team building, crafts, field games, canoeing, hikes & more. (Campers will participate in an extended program day on Thursday. Campers will take part in a cookout dinner and campfire before heading home at 8:00 pm. Please note the camp bus will leave WCA at 8:00 pm rather than 3:45 pm on Thursday Evening.)

Oopy Goopy

NEW

Sticky, slimy, stretchy, foamy! Campers combine a variety of substances to discover how their properties change when mixed in different ratios. Campers will make lava lamps, discovery bottles, giant bubbles and more!

Constructibles

NEW

Campers will use a variety of construction materials to construct buildings, bridges, cars and boats. They will test their creations for strength, speed and buoyancy. Campers will bring home a Construction Journal showing the projects they completed during the week.

Build It, Move It, Launch It

NEW

Campers will explore the art and science behind the construction of buildings and bridges, the laws of buoyancy by building and testing boats structures, and putting Newton's Laws to the test with cars and rockets! Campers will test their creations for strength, buoyancy & speed! Campers will bring home a Build it, Move it, Launch it Journal showing the projects they completed during the week.

Calling all Chefs!

Calling all chefs! This camp is for children who enjoy being in the kitchen and are interested in learning basic cooking skills. Put on your aprons and get ready to chop, mix, stir, melt and bake, while being provided fun food facts, including food safety and nutritional information. (Please be advised that we cannot ensure an allergy-free zone.)

Creative Arts and Dance Camp

Campers will put their creativity to work and explore visual arts, acting, and dancing. At the end of the session campers will showcase their talents to fellow campers.



Rising Star Camp

NEW

Rising star camp is designed to support young singer - songwriters in the areas of proper breathing, vocal range and stage presence. The camp also enables experienced local musicians to work closely with our young rising stars. At the end of the week our rising stars will perform for their fellow campers and invited guests.

Mindful Yogis

Campers will spend their time learning and practicing the basics of Yoga. We will be making "calm jars", breathing bracelets and reading children's books to instill the concept of mindfulness.

Creative Creations

Campers will spend each day exploring their creative side through various artistic mediums. A variety of painting, drawing, sculpting and print making techniques will be explored as campers work towards creating a collection of pieces to showcase to their fellow campers and members at the end of the week.

**ALL DAY CAMPS operate
Monday to Friday, 8:30 am to 4:30 pm
with extended care available
from 6:30 – 8:30 am and 4:30 – 5:30 pm.**

PLEASE NOTE: Child must be the appropriate age of the program as of the first day of camp.