



CELEBRATING



YMCA of Stratford-Perth  
Building Healthy Communities



Four One-Hour Group Cycle  
Fit Classes Outside at the  
Stratford Y

# Sidewalk Cycle Fit ENDURO

Monday, May 13

Rides start at 4:00 pm or 5:00 pm  
or 6:00 pm or 7:00 pm

*Ride for one hour or more!  
Team relays & group rides  
are welcome!*

**Register Early:** 30 stationary bikes  
will be assigned as registrations are  
received.

**Registration forms and pledge  
sheets** are available at the YMCA  
Membership Desk.

**Registration Fee:** \$35 per bike per  
hour. This includes a YMCA thank you  
gift and a Black Swan (19+) & snacks  
at Fosters Inn after your ride as thanks  
for participating. Reserve a bike for  
more than one hour and receive a  
charitable donation tax receipt for  
each additional \$35 paid.

**Raise \$100** or more in support of the  
YMCA Strong Kids campaign & we'll  
refund your registra-tion fee!

Event Sponsors:



eat/drink/sleep@fostersinn.com



[www.ymcastratfordperth.ca](http://www.ymcastratfordperth.ca)

# PARTICIPANT REGISTRATION FORM

(PLEASE INDICATE IF YOU ARE RIDING SOLO or ON A TEAM & ALL RELATED RIDE INFO)

**Sidewalk  
Cycle Fit  
ENDURO**

**Monday, May 13**

## RIDE START TIME:

Circle one (Please arrive 15 minutes before your ride to check in)

4:00 PM      5:00 PM      6:00 PM      7:00 PM

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City/Town: \_\_\_\_\_ Postal Code: \_\_\_\_\_

I'm Riding Solo: \_\_\_\_\_ for \_\_\_\_\_ Hours

## OR

My Team Name: \_\_\_\_\_ Team Captain: \_\_\_\_\_

# of Team Members: \_\_\_\_\_ Riding Relay  **OR** As a Group  for \_\_\_\_\_ Hours

**REGISTRATION FEE:** \$35 per bike per hour. This includes a YMCA thank you gift and a Black Swan (19+) & snacks at Fosters Inn after your ride as thanks for participating. Reserve a bike for more than one hour and receive a charitable donation tax receipt for each additional \$35 paid.

**REGISTRATION FEE AMOUNT PAID:** \$ \_\_\_\_\_

## THE WAIVER:

Please read and understand the following waiver. The waiver must be signed and completed for your registration to be valid.

I acknowledge that I am participating at my own risk and I hereby waive liability of any and all claims against the YMCA of Stratford-Perth and all of its volunteers and staff from personal injury, death or property damage resulting from my participation in the 2019 CYCLE Fit For YMCA Strong Kids.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*Thank you for your participation!*

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